

YUU INTENSE PULSE LIGHT (IPL):

Intense Pulse Light (IPL) is the latest technology in hair reduction and skin treatments including; facial thread veins, rosacea, spider naevi, pigmentation, age spots, acne scarring and poor texture.

The 'Naturalux' unique 'freeze head' technology ensures a painless application unlike most other IPL systems.

HAIR REDUCTION COURSES:

Lip
Chin
Neck
Cheeks
Breasts
Underarms
Abdomen
Bikini line

6 sessions of any 1 area £250
6 sessions of any 2 areas £450
6 sessions of any 3 areas £600

Forearms
Men's chest
1/2 legs (inc. knee)

3 sessions of any 1 area £250

Men's back
Full legs

3 sessions of any 1 area £450

YUU PHOTOREJUVENATION:

Full facial rejuvenation (inc. 'smoothie' microdermabrasion & skin treatment)
Full hand rejuvenation (inc. 'smoothie' microdermabrasion & skin treatment)

1 session of any 1 area £100
3 sessions of any 1 area £250

Full consultation available – please ask for details or an appointment time
Patch test may be required for some treatments

YUU PRESCRIPTIVE FACIALS: with MD formulations

An excellent introduction to MD formulations glycolic based product range, this treatment is both thorough and relaxing. All products selected are specifically suited to your skincare needs and/or concerns.

MD formulations facial (30 mins) £35.00

MD formulations facial (60 mins) £50.00

Include eyebrow tidy £5.00

Glycolic peels work well at deep cleansing & calming problematic skin types as well as being a proven method of treating signs of ageing & sun damage. After a single treatment skin will appear dramatically refined, feeling smoother and imperfections will be greatly minimised. For optimum results, a course of treatments is recommended.

MD formulations glycolic peel (45–60 mins) £45.00

A higher percentage of glycolic acid is used here in combination with salicylic acid to provide a deep cleanse for even the most problematic of skins. This peel works hard at the surface of the skin where congestion may be more of a problem and cellular build up is apparent. Again, a course of treatments will offer the best result.

MD formulations alpha beta peel (45–60 mins) £55.00

Pay for any course of 6 MD facials and receive a custom skin care starter pack free.

YUU RADIO FREQUENCY: available at Yuu Beauty & Well-Being, Ferry Road only!

‘Thermastar’ TriPolar Radio Frequency (RF) is a pain free revolutionary non-invasive treatment that can be used on most areas of the body. Tightens and rejuvenates the skin, reduces cellulite and unwanted fat deposits and improves body contouring. As the skin matures and is exposed to environmental effects, connective tissue breaks down, causing wrinkles and other signs of ageing to develop. RF penetrates the skin layers and selectively heats the skin tissues, remodelling the collagen in the dermis and promoting skin rejuvenation. Our state of the art RF technology means both superficial and deep skin layers can be targeted with pinpoint accuracy, causing no damage to surrounding tissue. The result; a smooth elastic youthful skin.

On average 3–6 initial treatments are required for each area with individual treatments lasting between 15–30 minutes, dependant on area.

1 session £60.00

6 sessions £300.00

YUU BRONZING:

Using only ‘Naturasun’ spray for the ultimate safe tanning treatment. It is recommended that you wear loose, dark coloured clothing for after your treatment to minimise the possibility of staining. [Available Thursday & Friday evenings only.](#)

£25.00

YUU WAXING & TINTING:

Full leg	£30.00
Full leg & bikini	£40.00
Half leg	£20.00
Half leg & bikini	£35.00
Bikini	£16.00
Brazilian Bikini	£30.00
Underarm	£16.00
Forearm	£20.00
Upper lip or chin	£9.00
Upper lip & chin	£16.00
Upper lip, chin & eyebrow	£21.00
Eyebrow	£9.00
Eyelash tint	£14.00
Eyebrow tint	£9.00
Eyelash & eyebrow tint	£20.00
Eyelash, eyebrow tint & eyebrow shape	£27.00

A patch test should be carried out prior to your tint.

YUU TATTOO REMOVAL: available at Yuu Beauty & Well-Being, Ferry Road only!

Maybe it's a change of circumstances or simply the feeling that you are in a different place in your life? Whatever the reason, if you are contemplating having your tattoo removed, look no further than 'Naturalaser' at YUU for the most advanced tattoo removal system available.

Capable of removing any type and size of tattoo from any part of the body, 'Naturalaser' leaves no visible marks nor does it cause increased skin sensitivity. The process is very quick and is no more painful than having the tattoo itself.

The number of treatments required depends on the size and detail of the design as well as the type of ink used and the depth in the skin. Our specialist can ascertain this upon seeing the tattoo, though no absolute guarantee can be made. On average professional tattoos can require 6-8 treatments while amateur tattoos may require just 4-5.

6-8 weeks must be left between treatments.

Test patch £35.00
Treatments from £50 (dependant on size)

YUU BRIGHT & WHITE:

Whiten and brighten up your smile with laser teeth whitening which provides immediate results on teeth discoloured by age, diet and/or smoking. Treatment consists of three 20 minute sessions, usually undertaken in one single appointment.

£149.00

YUU EXPRESS (20 mins): FACE

SMOOTHIE EXPRESS: Rev up dull lack-lustre skin while simultaneously working on lines, sun damage or acne scarring. Microdermabrasion, a controlled method of skin resurfacing allows you to do just that. Results are visible immediately though a course of treatments is recommended for optimum results.
£30.00

YUU | **Oxygen therapy, express make-up**

BRIGHT EYES: Microdermabrasion drains and smoothes the delicate eye area before a custom masque hydrates & refreshes.
£25.00

YUU | **Multivitamin hand treatment, facial massage**

OXYGEN THERAPY: Inject an upgrade into your 'smoothie' microdermabrasion facial with our oxygen supplement. A concentrated stream of oxygen pushes our custom serum deep into the skin leaving skin firmer and lines visibly plumped.
£25.00

YUU | **Smoothie express, back massage**

FACIAL MASSAGE: A soothing massage working on lymphatic drainage and using a custom blend aromatherapy oil suited to your skin type.
£20.00

YUU | **Back massage, smoothie express**

SCALP MASSAGE: Feel the tension melt away with this pressure point focused treat.
£20.00

YUU | **Facial massage, body massage**

MAKE UP TO GO: Non comedogenic 'bare minerals'. So pure it can be applied directly after your chosen facial. An express day make up (20% redeemable against any 'bare minerals' retail purchase - not when used as part of 3 for 2)
£20.00

YUU | **Smoothie express, oxygen therapy**

YUU | **We recommend you try these treatments together**

YUU EXPRESS (20 mins) - MIX & MATCH: CHOOSE ANY THREE TREATMENTS FOR THE PRICE OF TWO. TREATMENTS MUST BE TAKEN AT THE SAME TIME (CHEAPEST FREE).

YUU EXPRESS (20 mins): BODY

BACK MASSAGE:

A therapeutic back massage enhanced with essential oils.
£25.00

yuu | **Back shine, express smoothie**

BACK SHINE:

Microdermabrasion gently resurfaces leaving skin smoother & brighter. A custom blend cream is then applied to leave skin soft, nourished and glowing.
£25.00

yuu | **Back massage, foot revitalise**

FOOT REVITALISE:

Say goodbye to rough, dry skin and hello to smoother, softer skin with this revitalizing foot treatment.
£20.00

yuu | **Back massage, multivitamin foot treatment**

MULTIVITAMIN HAND OR FOOT TREATMENT:

This service gives your hands or feet the latest in retinol based vitamin- repair plus the deep moisturising benefits of a soothing paraffin wax bath. Instant hydration & repair for dry, chapped or prematurely ageing hands or feet.
£25.00

yuu | **File, buff and polish hands/feet, express smoothie**

FILE, BUFF AND POLISH HANDS/FEET:

An express file, buff and polish for fingernails or toenails. A quick fix.
£15.00

yuu | **Express Make-up, multivitamin hand or foot treatment**

CUTICLE RESCUE:

Focus on cuticle grooming with application of nourishing oil (polish not included).
£15.00

yuu | **File, buff and polish hands/feet, foot revitalise**

yuu | **We recommend you try these treatments together**

YUU EXPRESS (20 mins) - MIX & MATCH: CHOOSE ANY THREE TREATMENTS FOR THE PRICE OF TWO. TREATMENTS MUST BE TAKEN AT THE SAME TIME (CHEAPEST FREE).

YUU INDULGE (50 mins): FACE

SMOOTHIE DELUX: By gently resurfacing the skin, microdermabrasion actively reduces the appearance of lines and scarring. Lymphatic drainage aspect of treatment promotes a clearer and brighter complexion. Continued treatment boosts collagen and elastin formulation to visibly rejuvenate the skin. Whilst a masque which cools and soothes the treatment is complete with scalp massage.
£50.00 Buy five get sixth free: course of six for £250.00

CHI FACIAL: A deep cleanse and exfoliation is followed by a combination of lymphatic drainage and pressure point massage technique before a masque of different clays is applied to address your skincare concerns. Head, neck and shoulder massage enhances this peaceful treat.
£45.00 Buy five get sixth free: course of six for £225.00

INDIAN HEAD MASSAGE: Based on an ancient ayurvedic system of health, practiced in India for over 1000 years. Originally exercised as a method of maintaining beautifully conditioned hair, Indian head massage not only improves the condition of the hair but also provides an invaluable treatment for stress related problems such as headaches and eyestrain.
£45.00 Buy five, get sixth free: course of six for £225.00

BEAUTY FOCUS: An eyelash and eyebrow tint followed by an express make-up.
£36.00 20% redeemable against any 'I.D Bare Escentuals' purchase

MAKE-UP: Day or evening. 'bare minerals' ingredients are 100% pure crushed minerals, sourced directly from the earth. They are therefore free of preservatives, talc, oil, fragrance, dyes and other chemicals that can irritate the skin.
£35.00 20% redeemable against any 'I.D Bare Escentuals' purchase

MAKE-UP LESSON: Let us help you with your choice of product, colour and application technique in our one to one private class.
£40.00 20% redeemable against any 'I.D Bare Escentuals' purchase

WHY NOT ENHANCE YOUR 'INDULGE' (50 mins) FACE OR BODY TREATMENT BY ADDING ONE OR MORE OF OUR 'EXPRESS' (20 mins) OPTIONS.

YUU INDULGE (50 mins): BODY

AROMA BODY:

Aromatherapy body massage uses a custom blend of oils & deep rhythmic strokes to promote total relaxation and to rebalance the body and mind. Choose from: 'Uplift' gives your spirits a boost with our dynamic aromatic blend. Pure sunshine. 'Soothe' unwind with our most relaxing custom blend. Pure peace. 'Detox' help stimulate a sluggish system with our detoxifying blend. Re-energise.
£50.00 Buy five get sixth free: course of six for £250.00

THERAPEUTIC BODY:

A little deeper than aromatherapy.....works on main muscle groups to alleviate tensions and fatigue.
£48.00 Buy five get sixth free: course of six for £240.00

BODY SALT SCRUB:

A blend of dead sea salts and aromatic oils are massaged over the body to rid dryness and brighten the skin.
£40.00 Buy five get sixth free: course of six for £200.00

DELUXE BACK:

Paraffin wax provides a deep heat pre-cursor to our therapeutic back massage. Perfect for aches and pains, this combination also softens and hydrates.
£48.00 Buy five get sixth free: course of six for £240.00

MANICURE:

Nails and cuticles are trimmed and neatened before a hand and arm massage and polish of your choice.
£25.00

PEDICURE:

Nails and cuticles are neatened, dry skin buffed and feet gently massaged before polish of your choice is applied.
£30.00

WHY NOT ENHANCE YOUR 'INDULGE' (50 mins) FACE OR BODY TREATMENT BY ADDING ONE OR MORE OF OUR 'EXPRESS' (20 mins) OPTIONS.

YUU ETIQUETTE:

We hope that you enjoy your time with us. To ensure that you get the most out of our experience please arrive 5 minutes before your appointment.

Also, we kindly request that all mobile phones be switched off prior to your treatment.

YUU CANCELLATION POLICY:

Credit card details may be required to secure your booking. Any cancellations must be made 24 hours prior to actual appointment time. In the instance that 24 hours notice is not given, 50% of the treatment cost will be charged.

YUU PAMPER:

Relax, Refresh and Revitalise. Customised packages for individual needs, please ask your therapist for details.

YUU GIFT VOUCHER:

The ideal gift for someone special, please ask at reception.

