



beauty & well-being

DIRECTORY





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Yuu Intense Pulse Light

Intense Pulsed Light (IPL) is the latest technology for hair reduction and skin treatments including; facial thread veins, rosacea, spider naevi, pigmentation, age spots, acne scarring, and poor skin texture.

The Naturalux unique "Freeze Head" technology ensures a PAINLESS application unlike most other IPL systems!

HAIR REDUCTION COURSES:

Lip	Chin
Neck	Cheeks
Breasts	Underarms
Abdomen	Bikini line

6 sessions of any 1 area	£250
6 sessions of any 2 areas	£450
6 sessions of any 3 areas	£600

Forearms
Men's chest
1/2 legs (inc knee)

3 sessions of any 1 area	£250
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Yuu Intense Pulse Light

Men's back

Full legs

3 sessions of any 1 area

£450

PHOTOREJUVENATION:

Full facial or hand rejuvenation (inc. skin smoothie)

1 session of any 1 area

£100

3 sessions of any 1 area

£250

Full consultation available – please ask for details. Patch test may be required for some treatments.



Yuu Non Surgical Solutions

INTRODUCING YUU NON SURGICAL SOLUTIONS

Yuu offer a range of skin solution treatments to ensure you make the most of caring for your skin. We are not your average beauty salon, we are fast becoming a highly talked about skin clinic, offering a range of treatments and solutions focused on helping you get the best benefits for your skin.

We are all becoming more and more aware of the way we look and feel, more importantly - the way we used to look. Yuu offer a range of treatments that can prolong the signs of ageing, and combat those areas we feel a little self-conscious about, without the stress and costs of surgery.

INITIAL CONSULTATION

Skin Scanner - 15mins

£10

A consultation using our Skin Scanner will analyse your actual skin condition (including what is not visible to the naked eye), highlighting any problem areas such as pigmentation, skin unevenness, line and wrinkles, UV spots and any sun damage caused to the skin.

The scanner will indicate areas where you will benefit from treatment, allowing us to identify the correct treatment to assist in achieving gorgeous looking skin.

The £10 consultation fee is redeemable on any course of treatments booked after the initial consultation.



Yuu Anti-Ageing Facials & Peels

Never had a facial before? Not sure what facial to choose? Yuu will take away the stress and recommend a facial best suited to your skin type.

DERMALOGICA PRESCRIPTIVE EXPRESS

30 mins	£28
Course of 6	£150

DERMALOGICA PRESCRIPTIVE

60 mins	£40
Course of 6	£225

These treatment are unique to every client, an extremely relaxing facial enhanced by pressure point massage.

Pay for any course of 6 Dermalogica prescriptive facials and receive a customised travel size pack free.

MD FORMULATIONS GLYCOLIC PEEL

60 mins	£50
Course of 6	£300

Glycolic peels work well at deep cleansing & calming problematic skin types as well as being a proven method of treating signs of ageing & sun damage. After a single treatment skin will appear dramatically refined, feeling smoother and imperfections will be greatly minimised. For optimum results, a course of treatments is recommended.

Pay for any course of 6 MD peels and receive a customised skin care starter pack free.



Yuu Anti-Ageing Peels

MD FORMULATIONS ALPHA BETA PEEL

45 mins	£55
Course of 6	£330

A higher percentage of glycolic acid is used here in combination with salicylic acid to provide a deep cleanse for even the most problematic of skins. This peel works hard at the surface of the skin where congestion may be more of a problem and cellular build is apparent. Again, a course of treatments will offer the best result.

TCA PEEL

75 mins (skin care kit included, retail value £110)	£250
Second TCA Peel 60 mins	£150
Third TCA Peel 60 mins	£100

This is a highly effective peel, revealing smoother skin. It can be tailored to suit your skin precisely and is ideal for the face, neck, hands and décolletage. Treatments progressively soften lines and wrinkles and fade acne scars and age spots.



Yuu Diamond Peel

Introducing the newest craze to hit Hollywood – Diamond Peel Microdermabrasion. Unlike traditional microdermabrasion machines that use crystal heads, the diamond peel operates heads made with miniature diamond grain with different grits for different areas and skin types.

The treatment allows you to treat lines, wrinkles, dull dehydrated skin, sun damaged skin and acne scarring congested acne prone skin. Using a controlled method of skin resurfacing, by gently exfoliating the outer layers of the skin, the treatment increases new collagen and elastin formation to visibly rejuvenate and firm the skin of the face, neck and body. Results are visible immediately. However, a course of treatments is recommended to achieve the maximum effect.

SKIN SMOOTHIE

30 mins	£38
Course of 5	£180
Course of 10	£300

SUPER SKIN SMOOTHIE

60 mins	£55
Course of 5	£250
Course of 10	£450

Super Skin Smoothie includes a relaxing scalp and shoulder massage.



Yuu Diamond Peel

BRIGHT EYES

30 mins	£38
Course of 5	£180

Bright Eyes includes an intense eye contour lift and serum.

BACK SHINE

30 mins	£38
Course of 5	£180

Back Shine is for small pimples and dry skin on the back and arms. The skin instantly looks smoother and brighter.

GOODBYE PORES SKIN SMOOTHIE

30 mins	£38
Course of 5	£180
Course of 10	£300

Goodbye Pores is an ideal treatment for our gentlemen clients.



Yuu Oxygen Therapy

Oxygen Therapy replenishes lost oxygen, and the active ingredient in the spray promotes skin restructuring from the inside out. Visibly plumping lines and wrinkles while firming the skin around the eyes, face and neck. All oxygen treatments include a complementary diamond peel microdermabrasion treatment.

OXYGEN THERAPY EXPRESS

30 mins	£45
Course of 5	£210
Course of 10	£380

Oxygen Therapy Express includes a cleanse and diamond peel treatment on the face. Oxygen is pulsed into the skin over a relaxing face mask. The treatment is finalised by cleansing off the mask and applying a spray to the face.

OXYGEN THERAPY

60 mins	£60
Course of 5	£275
Course of 10	£500

Oxygen Therapy treatment includes Oxygen Therapy Express, a relaxing foot cleanse, pressure point leg massage and inhalation of aromatherapy oils.



Yuu Oxygen Therapy

OXYGEN THERAPY DELUXE

90 mins	£75
Course of 5	£325
Course of 10	£550

Oxygen Therapy Deluxe treatment includes Oxygen Therapy and a relaxing massage.

SMOOTH EYES

30 mins	£45
Course of 5	£210
Course of 10	£380

Smooth Eyes includes a cleanse and diamond peel treatment to the eye area, oxygen is pulsed into the skin over a relaxing eye mask. The treatment is finalised by cleansing off the mask and applying a spray to the eye area. Treatment includes a calming scalp massage.

ACNE OXYGEN TREATMENT

30 mins	£50
Course of 5	£225
Course of 10	£400

Acne Oxygen includes a deep cleanse with steam, a relaxing mask is applied to the skin. The treatment is finalised by cleansing off the mask and applying a spray to the skin. Treatment includes a calming scalp massage.



Yuu Radio Frequency

'Thermastar' TriPolar Radio Frequency (RF) is a pain free revolutionary non-invasive treatment that can be used on most areas of the body. Tightens and rejuvenates the skin, reduces cellulite and unwanted fat deposits and improves body contouring.

As the skin matures and is exposed to environmental effects, connective tissue breaks down, causing wrinkles and other signs of ageing to develop. RF penetrates the skin layers and selectively heats the skin tissues, remodelling the collagen in the dermis and promoting skin rejuvenation. Our state of the art RF technology means both superficial and deep skin layers can be targeted with pinpoint accuracy, causing no damage to surrounding tissue. The result; a smooth elastic youthful skin! On average 3 -6 initial treatments are required for each area with individual treatments lasting between 15 - 30 minutes, dependant on area.

Face:

1 session	£60
6 sessions	£300

Legs & Buttock:

1 session	£75
6 sessions	£400

Tummy:

1 session	£60
6 sessions	£300



For Yuu

BOTOX/FILLERS

Botox is internationally established as a highly effective and safe way to treat forehead lines, frown lines and eye wrinkles and has been used for over 30 years without any known long-term problems.

In the hands of our experienced nurse, Botox injections procedure is quick and virtually pain free. A more youthful appearance is visible within 1-2 weeks and results typically last for around 4 - 6 months.

Price on consultation

Check out website www.skintalks.co.uk for further information on our Medical Aesthetic Consultant



Yuu Bronzing

Yuu bronzing is designed to make sunless, safe-tanning part of your daily routine. Our Yuu experts will help you understand how to get the most out of your tanning regime. Whether it be for use at home or when visiting for your professional treatment.

Using only Naturasun spray for the ultimate safe tanning treatment. Yuu Bronzing protects your skin from the harmful effects of the environment.

NATURASUN SPRAY TAN

Full Body 15 mins

£20

Half Body 10 mins

£10

It is recommended that you wear loose clothing after your tanning treatment and avoid wearing pale colours, to minimise the possibility of staining your clothes.



Yuu Make-Up & Extensions

I.D. BARE ESSENTUALS

Bare Minerals are 100% pure, crushed minerals sourced directly from the earth that are free from preservatives, talc, oil, fragrance, dyes and other chemicals that can irritate the skin. This is make-up that works with your skin, not against it. Recently voted world's Number 1 mineral foundation. Bare Escentuals is not tested on animals.

Express Make-Up	£24
Special Occasion Make-Up	£35
Wedding Make-Up (including trial)	£80

Book any of the above and receive **20% off** any I.D Bare Escentuals purchase

YUU EYELASH EXTENSIONS

3D-Lashes are one of the first eyelash extension brands that have incredible bonding power. They are resistant to water, shower, sweat, exercise, tears, swimming and even sleeping. They give longer fuller totally natural looking lashes that are weightless and very comfortable. In-fill pricing dependant on time involved. Please discuss this with your therapist at time of booking In-fill.

30 mins In-Fill	£25
45 mins In-Fill or Audrey Heburn Sweep	£35
60 mins In-Fill	£45
90 mins Full Set	£80



Yuu Waxing

Full leg	£25
Full leg & Bikini	£30
Full leg & Brazilian	£38
Full leg & Hollywood	£44
Half leg	£15
Half leg & Bikini	£28
Half leg & Brazilian	£30
Half leg & Hollywood	£35
Underarm	£10
Forearm	£15
Bikini	£15
Brazilian	£28
Hollywood	£30
Upper lip or chin	£8
Upper lip & chin	£10
Upper lip, chin & eyebrow	£15
Men's Back	£20
Men's Chest	£18

YUU EYES

Eyebrow wax	£8
Eyebrow tint	£10
Eyelash tint	£15
Eyelash & Eyebrow tint	£20
Eyelash & Eyebrow tint & Eyebrow shape	£26



Yuu Tattoo Removal

Maybe it's a change of circumstances or simply the feeling that you are in a different place in your life? Whatever the reason, if you are contemplating having your tattoo removed, look no further than 'Naturalaser' at YUU for the most advanced tattoo removal system available.

Capable of removing most types and sizes of tattoos. 'Naturalaser' leaves no visible marks nor does it cause increased skin sensitivity in most cases. The process is very quick and is no more painful than having the tattoo itself. The number of treatments required depends on the size and detail of the design as well as the type of ink used and the depth in the skin. Our specialist can ascertain upon actually seeing the tattoo, though no absolute guarantee may be made.

On average professional tattoos can require 6 -8 treatments while amateur tattoos may require just 4 - 5. 6 - 8 weeks must be left between treatments.

Test patch	£35
Treatments starting from (dependant on size) per session	£50-£150



Yuu Immaculate Manicures

Scottish Gel Nail Technician of the Year 2008 - 2nd place

	Nail Technician	Therapist
Teen Manicure (Under 16's) 30 mins File, buff and polish	£12.00	£10.00
Express Manicure 30 mins File, buff and polish	£15.00	£12.00
Express French 45 mins File, buff and polish	£17.00	£15.00
Luxury Manicure 60 mins File, buff, cuticles and hand massage with polish Add on Diamond Peel Microdermabrasion £7.50	£25.00	£22.00
Luxury French Manicure 60 mins File, buff, cuticles, and hand massage with French polish Add on Diamond Peel Microdermabrasion £7.50	£27.00	£25.00
Gentleman's Hand & Nail Treatment 30 mins Hand & Nail treatment including a therapeutic hand massage, making them luxuriously smooth, followed by cuticle work and buffing, leaving your nails perfect! Add on Diamond Peel Microdermabrasion £7.50	£17.00	£15.00



Yuu Immaculate Manicures

Nail Technician

Natural Gel Extensions	£40.00
French Gel Extensions	£45.00
Coloured Gel Extensions	£40.00
Rebalance Every 2-3 weeks, to maintain gel extensions	£30.00
Infill Required to maintain gel extensions	£25.00
Overlay Gel overlay on natural nails	£35.00
French Gel overlays	£40.00
Quick repair	£5.00
Removal of Gel Extensions (Express Manicure included)	£25.00



Yuu Massage

AROMATHERAPY MASSAGE

30 mins	£35
Course of 5	£165
60 mins	£50
Course of 5	£225
90 mins	£70
Course of 5	£300

Oils have a powerful therapeutic effect on the respiratory, nervous and circulatory systems of the body and may balance the endocrine system and therefore the immune system. The aroma of essential oils can evoke memories and balance emotions, restoring harmony to mind, body and spirit.

HOT STONE MASSAGE

30 mins	£40
Course of 5	£190
60 mins	£55
Course of 5	£300
90 mins	£75
Course of 5	£325

This holistic treatment takes you to another level of calmness and well-being. Hot stones are placed on each Chakra of the body, gentle massaging of the volcanic stones heal and embrace the body.



Yuu Therapies

THE CHI ENERGY FACIAL 60 mins

£40

A thorough deep cleanse is followed by exfoliation, energy point work, lymphatic drainage and mask of different coloured clays to suit your skin. Includes head, neck and shoulder massage.

THE CHI ENERGY INTENSIVE TREATMENT 90 mins

£60

The Chi Energy facial preceded by a pressure point back massage and while your mask is on, a scalp treatment melts away tension.

CLASSIC SWEDISH MASSAGE

30 mins

£30

Course of 5

£140

60 mins

£45

Course of 5

£200

An invigorating body massage which concentrates on boosting circulation and relieving muscular tension.

INDIAN HEAD MASSAGE 30 mins

£30

A traditional aromatic head massage used for thousands of years in India. This energy boosting massage works by synchronizing left and right hemispheres of the brain.



Yuu Therapies

YUU YUMMY MUMMY 60 mins

£45

Pre and postnatal face and body treatment offers the ultimate indulgent pampering for pregnant and nursing mothers. Whilst treating muscular aches, fluid retention, stress and fatigue it also enlivens your senses and boost energy levels.

Nail Technician Therapist

YUU PRISTINE PEDICURE 60 mins

£40

£35

Walking on air is how you will feel after your pristine pedicure. Hard working feet need special care when it comes to keeping them looking and feeling fabulous. This luxury treatment is fantastic for even the most neglected feet.

GENTLEMAN'S FOOT AND NAIL TREATMENT 45 mins

£35

Foot & Nail treatment to remove hard skin, a therapeutic foot massage, making them luxuriously smooth, followed by cuticle work and buffing, leaving your nails perfect!

JUST FOR HIM 60 mins

£40

Beginning with a back, neck and shoulder massage to ease away the stresses and strains of the day, whilst the face then benefits from a thorough deep cleanse, exfoliation and customised treatment mask to leave the skin groomed and re-hydrated.



Yuu Pamper Packages

YUU RELAX

£80

Total time

105 mins

- Dermalogica Prescriptive Facial
- Aromatherapy Massage
- Express Pedicure

YUU REFRESH

£85

Total time

90 mins

- Oxygen Therapy Express
- Yuu Back Massage Express
- Naturasun Spray Tan Full Body OR
- I.D. Bare Escentuals Express Make-Over

YUU REVITALISE

£75

Total Time

75 mins

- Diamond Peel Microdermabrasion
- Diamond Peel Microdermabrasion Back Shine
- Naturasun Spray Tan Full Body OR
- I.D. Bare Escentuals Express Make-Over



Yuu Pamper Packages

YUU GLAMOUR

£115

Total Time

180 mins

- Glamour Eyelash Extensions
- Luxury Manicure
- Naturasun Spray Tan Full Body OR
- I.D Bare Escentuals Express Make-Over

YUU YUMMY MUMMY

£85

Total Time

120 mins

- Yummy Mummy
- Express Pedicure
- Express Manicure

YUU GUY

£115

Total time

135 mins

- Goodbye Pores Skin Smoothie
- Diamond Peel Microdermabrasion Back Shine
- Just For Him Back, Neck & Shoulders
- Gentleman's Hand & Nail Treatment OR
- Gentleman's Foot and Nail Treatment OR
- Gentleman's Foot Massage



Yuu Etiquette

We hope that you enjoy your time with us. To ensure that you get the most out of our experience please arrive 5 minutes before your appointment. Consultation forms must be filled in as part of your treatment time.

Also, we kindly request that all mobile phones be switched off prior to your treatment.

Yuu Cancellation Policy:

Credit card details will be required to secure your booking. Any cancellations must be made 24 hours prior to actual appointment time. In the instance that 24 hours notice is not given, 50% of the treatment cost will be charged. Gift Voucher bookings that are not cancelled within 24 hours will have 50% deducted from the value.

Yuu Credit Card Charges:

Any payment under £15 will incur an additional charge of £1.50

Student Discount:

All students are offered a 10% discount on all full price treatments each day except Thursday and Saturday.

Gift Vouchers:

Gift vouchers are an ideal gift and are valid for 12 months. Please ask at reception.

Opening Times for Yuu Beauty & Well-Being

mon by appointment only

tues 10.00am-8.00pm

wed 10.00am-9.00pm

thur 10.00am-9.00pm

fri 10.00am-6.00pm

sat 9.00am-6.00pm

sun by appointment only

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